

Aya Mohamed Hussein Abd Allah

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Past Experience

Clinical Psychologist

- Clinical Psychologist at Dr. Mona Rakhawy Clinic & B. Well Psychiatric Clinic (2017 till now).
- DMT therapist at BPD Department at Rakhway Hospital for Mental Health (2022 till now).
- Clinical Psychologist & Group psychotherapist at Rakhawy Institute for Training and Research (RITR).
- Teaching Assistant at Department of Psychology, BUE (2019- 2021).
- Coordinator of Daycare section at RITR (Feb. - May 2020).
- Resident Psychologist at Rakhway Hospital for Mental Health (2015- 2016)

Training Manager at Rakhawy Institute for Training & Research

Designed and implemented training programs for mental health professional and non-mental health professionals through identifying and monitor the needs of the target trainees, design & plan the training programs, contacting the trainers and preparing the training materials and evaluation.

Project Manager of Transcultural Community Camp

Organizing the camp by contacting participates from different countries in the world, in addition to contacting the four leaders of the camp, managing the logistics of the camp through marketing and managing the camp financials.

Event Coordinator

Participate in the organizing committee of the EAGT conference in 2018 & 2020 and contributed in the scientific committee through selecting & approving abstracts and editing the abstract book.

Education:

- M.A in **Clinical Psychology 2023** (Excellent)
- M.A in **Arab American Theatre 2019** (Very Good).
- B.A of Arts, **Department of Psychology 2015** (Very Good).

Diploma:

- **Dance Movement Therapy** Diploma under the supervision of Vincenzo Bellia in **Italy 2023**.
- **Four Steps Integrative Model in group psychotherapy** under the supervision of Prof. Refaat Mahfouz and Dr. Mohamed Taha in **Egypt 2022**.

Projects:

- “Assessment of Psychological Needs for Institutional Children” (2020-2022) in collaboration with UNICEF. The project targets the needs of both children and workers in the institution. In addition, training program was proposed for psychologist and social workers in the Ministry of Social Solidarity.
- “Think, Play and Laugh: An Integrative Program for Geriatrics” (2019): a program targets the wellbeing of elder people through improving cognitive, emotional and artistic aspects.
- “Prevention of Sexual and Exploitation Abuse” (2021): a training introduced to psychologist who work with children especially in the Institutions.
- “Lacanian Four Fundamental Concepts” with Macario Giraldo (2021-2022): one year training program in psychoanalysis for psychologist.
- “Rehabilitation of Breast Cancer Survivors” (2018): a program targeted women after operation included psychological support through using expressive art therapy, a clinical interview and assessment were conducted before joining the program.

- “Dance Movement Therapy Diploma” (2017): three-years training program targeted for mental health professionals who seeks different therapeutic interventions.

Activities:

- Supervising and participating in “occupational therapy” activities with psychotic inpatient (2018- 2020).
- Participating in group therapy for psychotic patients (2020).
- Co-leading “Here & Now” group therapy for 6 months (2018).
- Leading “Four Steps Integrative model” group therapy (March 2022 till now).
- Conducting a weekly DMT session at BPD Department in Rakhawy Hospital (since 2022 till now).
- Supervising a therapeutic program for improving the social cognitive functions for Schizophrenic patients (2017).
- Participating in the Milieu therapy activities such as cognitive, artistic & outdoor activities for psychotic inpatients (2015-2016).

Training:

- Attended DMT training at Egypt with Vincenzo Bellia (Sep. 2017- Jan. 2020).
- Attended 10 days summer school at Tagliacozzo, Italy for DMT training (2022).
- Attended one year psychoanalysis course “Lacanian Four Fundamental Concepts” with Macario Giraldo (2021-2022).
- Attended the Integrative CBT for anxiety related to Covid-19 by Greg Crosby with practical training for group therapy (Apr. – May 2020).
- Attended Basic Training for sexual disorders by Dr. Mona Reda (Mar. – May 2019).
- Attended Three days training at Addiction Treatment & Abuse Fund in June 2014.
- Attended one year Training in Khanka Mental Hospital 2014- 2015.

Workshops:

Presented the following:

- A workshop about “Creative Skills for Children”
- A workshop about “Expressing Emotions for Adults”

- Series of “Expressive Art workshops” that succeed Prof. Yehia Rakhawy Symposium
- A workshop about “Expressive Art for Breast cancer survivors” at IAGP conference
- Co presenting a workshop about “Clinical Interviewing Skills workshop”
- A series of workshops about “Projective Psychological Assessment”
- Dance Movement Therapy (DMT) workshops at B. Well Psychiatric Clinic.

Organized the following:

- Prof. Yehia Rakhawy Monthly Symposium since 2017 till 2020
- Rakhawy Bimonthly Scientific Day since 2018
- “Anti-smoking Symposium” as an initiation for Quit smoking clinic
- “A Series of Psychoanalysis Symposium” by Prof. Yehia Rakhawy, Prof. Abdullah Asker & Dr. Marseline Shaaban
- “Burn out & Workout stress” a workshop for Journalist.
- Also, organized workshops about *trauma, CBT, psychotherapy, psychometric assessment & Child psychology.*

Published Researches:

- 1) “The Effectiveness of the Social Cognition Intervention among the patients with Schizophrenia”. *Bioscience Research*, 2018 Volume 15 (3): 2507- 2519.
- 2) “Dynamics of Homosexuality in Paranoid Schizophrenic Male Patient: A Case Study”. *Annals of the Faculty of Arts, Ain Shams University.*

Awards:

- Prof. Yehia Rakhawy Award for Creativity (2019).