



# ALAA HADDAD

Dance Movement Therapist. Expressive Arts  
Practitioner. Counselor

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Alaa's graduated from Economics and Political Science, Cairo University (2008). Ever since her graduation she has worked in the Human Development realm. For eight years Alaa worked in the Learning and Development field, where she realised her passion to help people and shifted to Creative Arts Therapies. (2008 - 2017)

Alaa attended a professional certification program for life coaching (ICF). (2018)  
She traveled to India and got certified as a Therapeutic Movement Facilitator by the Creative Movement Therapy Association of India (CMTAI). (2018 -2019)

Alaa also completed the advanced level training program in Expressive Art Therapy "SAMAGHAMA" by the Studio for Movement Arts & Therapies Trust (SMART) in India. The program focused on experiential work, which included Authentic Movement, Psychodrama, Visual Art, Jung Theory, Polarities, Tension of the Opposites, Shadow work, Synchronicity integrated with ancient Indian wisdom and philosophy of holistic healing and body work. (2019 - 2020)

In 2020, Alaa started her diploma in Dance Movement Therapy by the Expressive-Relational Dance Movement Therapy school of DMT-ER® in Italy. She completed her certification in 2023 and is currently a certified Dance Movement Therapist. (2020-2023)

Since 2019, Alaa is working using DMT & Arts with different age groups including seniors, adults, adolescents and kids. She worked in public and special needs schools in India, with refugees in the UN-Women Programme, in Behman Hospital, Insight Center, Qwell Institute, Wellness Centers and worked in collaboration with therapists and life coaches offering integrative workshops.

Alaa studied counseling at House of Counseling Institute and is currently working as a counselor at the same institution. (2022 - present)

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